

C&K Ramblers Sunday Walks



PLEASE NOTE: All distances and heights on the programme are approximate

<u>Day</u>	<u>Date</u>	<u>Walk Location / Leader / Grade</u>	<u>Map Ref / Distance / Ascent</u>
Sun	25-Feb	BEN EACH	
	by Bus	Leader: Ian Jarvis – 01236 592211 Grade B+	OS 51 & 57 16km, 800m
		GLEN AMPLE	
		Leader: Janice Forrest – 01236 735822 Grade B	OS 51 & 57 15km, 180m
Sun	4-Mar	LEDCHARRIE to MHOR 84 via KIRKTON GLEN & BALQUIDDAR	
	by Bus	Leader: Lorna Dunster – 07400 058855 Grade B+	OS 51 13.5km, 620m
		KINGSHOUSE CIRCULAR via STRATHYRE	
		Leader: Oonagh Duncan – 01236 723686 Grade B	OS 57 13km, 230m
Sun	11-Mar	CHANGUE FOREST TRAIL (one walk for all)	
	by Bus	Leader: Frances Hardy-Smith – 01236 782117 Grade C+	OS 76 14km, 280m
Sun	18-Mar	DOUGLAS PARK, LARGS	
	by Bus	Leader: Davy Forrest – 01236 735822 Grade B+	OS 63 15km, 530m
		GOLDENBERRY HILL	
		Leader: David & Suzi Bollan - 07846 186011 Grade B	OS 63 14km, 248m
Sun	25-Mar	GLEN SAX CIRCUIT, PEEBLES	
	by Bus	Leader: Davy Forrest – 01236 735822 Grade B+	OS 73 15km, 500m
		EDDLESTON to PEEBLES	
		Leader: Frances Hardy-Smith – 01236 782117 Grade C+	OS 73 12km, 250m
Sun	1-Apr	EASTER SUNDAY – No Walk	
Sun	8-Apr	TINTO HILL CIRCUIT	
	by Bus	Leader: Matthew Gardner – 07493 945949 Grade B	OS 72 14km, 486m
		CARMICHAEL ESTATE	
		Leader: Mary Lambert - 01236 733311 Grade C	OS 72 12km, 100m
Sun	15-Apr	BEN LEDI to BRIG O'TURK	
	by Bus	Leader: Maria Quijada Luis - 07815 411719 (and Janet Grealey) Grade B+	OS 57 12km, 750m
		CALLANDER to BRIG O'TURK	
		Leader: Alex Fraser – 01236 826342 Grade C	OS 57 13km, 150m

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Sun	22-Apr by Bus	EILDON HILLS Leader: Lorna Dunster – 07400 058855 Grade B	OS 73 9km, 480m
		CAULDSHIELS LOCH & RIVER TWEED, MELROSE Leader: Kirsty Stewart – 07500 234778 Grade C	OS 73 14km, 150m
Sun	29-Apr by Bus	ABERFELDY to KENMORE (high walk) Leader: Wendy Chisholm – 07909 643654 Grade B	OS 52 16km, 450m
		ABERFELDY to KENMORE (low walk) Leader: Janice Forrest – 01236 735822 Grade C	OS 52 13km, min.asc